

## What am I trying to say...

Sit = Have a seat.

Wait = Be patient. Something good is coming.

Watch me = Make and hold eye contact.

Leave it = Ignore it. Forget about it.

Down = Lay down.

Stay = Do not move. I will be right back.

Come = Come here.

Off = Get down! (Off the furniture, the bed, the countertop, the people...)

Drop it = Spit that out.

Easy/Gentle = Don't play so rough.

Settle = Take a break.

\*\*\*Avoid using "no" as a command because it does not tell the dog what you want them to do. It is more beneficial to give them a command to follow instead.

\*\*\*Always use lots of praise when they follow your command to build their confidence and a bond between the two of you. Dogs are people pleasers! The more praise and attention they get for their behaviors the more likely they are to repeat them in the future.



## The Hard Knocks Mission:

With our individualized, respect-based training and decompression program, we will ensure more dogs find and keep loving homes. We will assist local shelters and rescues in rehabilitating abused and neglected dogs who are considered "unadoptable" due to anxiety triggered behavioral issues. We will provide training and resources for the entire community to promote safer interactions between dogs, their canine companions, and humans. In doing so, we will help reduce the number of dogs euthanized due to fear-based reactivity.

Please contact us for a complete list of services available, pricing and scheduling.

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## www.HKRTinc.com

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